



Texas Grapefruit Toast Toppers

Makes 4 servings

Ingredients

- ½ cup whole wheat flake cereal, crushed
- ¼ teaspoon cinnamon
- 2 tablespoons maple-flavored syrup
- 2 Texas Rio Star Grapefruit, sectioned
- 4 English muffin halves, toasted

Directions

1. Combine cereal, cinnamon, and syrup; set aside.
2. Arrange 3 grapefruit sections on each muffin half.
3. Top each with 1 tablespoon cereal mixture.
4. Broil until crunchy and lightly browned.
5. Serve warm.