

Rio Star Grapefruit Granite

Makes 4 servings

Ingredients

3 Texas Rio Star Grapefruit, juiced ½ cup sugar
Mint leaves for garnish

Directions

- 1. Combine grapefruit juice and sugar and bring to a boil, stirring until the sugar dissolves.
- 2. Let it cool down then pour into a flat pan with high sides.
- 3. Place in freezer.
- 4. Once ice crystals start to form, take a fork and stir vigorously, breaking the crystals up.
- 5. Then return to the freezer.
- 6. Do this every half hour for about four hours.
- 7. Once the granite is totally frozen, fluff it with a fork and give it another half hour in the freezer to solidify.
- 8. Serve with a mint leaf garnish.